

National First Aid Finals for 7th year

For the 7th year in a row, Lucton CCF made it to the national first aid finals after they won the Midlands Brigade competition in the summer.

The team put their first aid knowledge into action in a wide range of stimulating scenarios, including individual tests; with each cadet on their own dealing with the casualty. A special mention to Cpl Tim White for gaining full marks on his scenario, giving him joint top marks.

In the team test, all our cadets showed grit, determination, and discipline, managing to deal with a situation and save lives! Our team were placed 5th overall (nationally!), a very high achievement which we are all proud of; keep up the good work! A special thank you to the



team for working and training hard, and to Major Derrigan for putting in so much behind-the-scenes effort and training.

A final thank you goes to our casualty actors Honey and Grace, without whom the competition could not have run.

FAMILY QUIZ



Saturday 19th October

3.00pm to 5.30pm

At Lucton School in the Dining Hall

Adults £3.00

Children £2.00

BRING A PICNIC TEA FOR YOUR FAMILY TO ENJOY

Prep School News

We seem to have been quite theatrical over the last few days. Think back to last Friday's Assembly with Year 1HM. They retold the story of the Little Red Hen. As ever this sweet story, whenever it is told, tells us the value of friendship and cooperation. At this Harvest time of year it also reminds us what goes into the simplest of our shopping basket – bread. We were reminded of the effort it takes to turn a small seed into wheat, then harvest it, grind it and mix it to make dough. Year 1HM also showed us the error of our ways when we don't offer to help, not that all help should be done for a reward of course. And then, Year 1HM, showed us the wonderful gift of forgiveness. All of this through a simply acted story; thank you Year 1HM

Monday started off Biology Week and we began with a presentation by Tamsin Westhorpe of Stockton Bury Gardens and Gardener's magazine fame – but we know her as Mrs Westhorpe, mum of Herbie! Her talk was on seeds – a happy coincidence with the Little Red Hen. We were amazed at the variety of sizes (there was a picture of one as big as your head), colours and the fact that so many are produced by a plant. Then she took us onto bulbs – did you know that tulip bulbs became a currency in the Netherlands and that you could even sell your house for 10 bulbs! Tamsin has very generously donated a number for us to plant which we aim to do and soon you will see some beautiful



flowers around the school – well next year. Thank you Mrs Westhorpe. Biology Week has continued with us writing poems and searching out for different flora around the school – thus Flora Luctoniense.

I said things have been theatrical recently. Of course we are practising our parts for Harvest Festival; however, a travelling theatre came to visit us on Wednesday. It was our old friend, Fetch Theatre and they showed their production of Pedlar's Tales. This is a show sponsored by the Arts Council and is in partnership with Herefordshire Museums, Libraries & Archives and Arts Alive, but first Years 4 & 5 had a short workshop on how to bring puppets to life. These were not just any old puppets, but puppets that are almost as tall as the children. It was fascinating; and then to the show proper. A collection of 6 tales from the archives. Amongst these were: the Mordiford Dragon, The Dancing Dress (where faeries take a human for a year) based in Kington and Wigmore; the Evacuated Zoo which was based at Bromyard; the tale of the first female parachutist in England who parachuted over Kings Acre. We were enthralled and enchanted. So if you see this show advertised anywhere you should go!

Finally, on the theatrical front, we have been all things Harvest and are busily preparing for our annual Harvest Festival and Auction this Friday. There will, of

Poppy C achieved a fantastic medal haul at Wolverhampton, including a gold for the 100m breast stroke.



course, be a full report next week by which time we will have had our annual Aquathlon as well and be preparing for our first set of Parents' Evenings which starts on 21st October – make sure you book your slot through the Parents' Portal

So, what a busy, busy week and, of course, we mustn't forget the learning in our lessons that has been going on as well.

Don't forget that you are always welcome at our Friday morning Assemblies where we celebrate the children's achievements, catch up on school news, enjoy a class performance and a hymn before having a cup of tea or coffee. The swimming pool is also open to parents, friends and family.

Forest School

As it is Biology Week, we were tasked with finding different leaves, flowers and other plants. This we did and also discovered the Sloe berries that are the ancestors of our damsons and Victoria plums. Once this task was done we moved onto seeing what we could make out of them; faery bridges was one idea and a faery trap another but in the process it appeared that we wanted to see how wet and muddy we could get!

Friends update

Family Quiz

Family Quiz

Saturday 19th October from 3.00pm in our Queen Anne Dining Hall. Please come along to join us for this family orientated quiz, there will be a music round which everyone can participate in and questions in each category for both adults and children. Put your family to the test! Bring with you a picnic tea to be enjoyed during our half time break. The Friends will be serving refreshments and sweets and cakes; we are really looking forward to seeing you there!

Friends 100 Club

We are looking for members to join The Friends of Lucton 100 Club. What's it all about, I hear you say? It's a great way to have a little flutter whilst supporting the school and ultimately giving back to the children. Here's how it works... If you join the 100 club and pay £5 a month you will be entered into the monthly draw and be in with a chance of winning one of our prizes. 51% of the money raised each month through the subscription is used for

the 100 Club prizes, and the rest remains with The Friends of Lucton which provides funds and donations to various projects around the school. To sign up please visit:

<https://forms.gle/KqJkKQatXe2T6Pcd6>
or use the QR Code.



Boarding House News

Another packed week of events in the boarding house. On Friday, Croft House continued the Marvel Film Club and again it was a really strong turnout with boarders settling down to watch Iron Man 2.

The boarders got to enjoy a slower start on Saturday as the day's trip was Paintballing at Oaker Wood. 40 boarders along with Miss Roper, Mr Britton, Miss Tyler and Miss Daughtrey, donned their camouflage gear and engaged in several rounds of Paintballing action. School Cottage took part in the Junior Paintballing. They were split into two teams with Josh and Hugo leading. Everyone got stuck in despite the pain of getting shot. It was a great afternoon involving teamwork, determination, and resilience. Well done to Josh for leading his team to victory.

Back at Croft House, the boarders enjoyed the return of the Open Mic night. Mr Rogers started proceedings and we were then treated to performances from Mike Chan, Nabil, Hannah, Luise, Julie, Lilly, Lara, Noa, Johanna, Elizabeth, Honey, Maureen and most of School Cottage. It was another very successful evening and the next one is greatly anticipated.

On Sunday, Miss Roper and Mr Britton



took School Cottage to the Small Breeds and Owl Centre in Kington. The children saw over 30 different species of owls and were able to stroke a few. They were also allowed in the pens with the goats and sheep and fed them from a bucket, or if they were brave enough by hand. Around the farm park the children saw llamas, swans, geese, pheasants and tortoises. Mr Britton was rather fond of one of the goats and named him after Mr Johnston! To finish off the afternoon, the children all had a hot chocolate and slice of cake.

It was lovely on Monday evening to see so many of the boarders participate in and watch the Middle and Senior School concert. We were treated to a lovely programme of music, and special congratulations go to Sameer for performing his own composition Piece for a Garden.



Healthy Eating

Last week, Reception Class enjoyed their first trip out on the minibus – visiting Mrs Brown’s garden in Leominster to harvest lots of fruit and vegetables. They then returned to school to try different fruit smoothies, created by our School Chef, Lee, and to chop vegetables to make a tasty stir-fry. Altogether a very healthy and enjoyable day!



Middle & Senior School Concert

What an enjoyable evening! The Middle and Senior School musicians were truly entertaining on Monday night with a highly polished programme of individual and group pieces.

It was lovely to see so many Year 6s who have only been playing their instruments since the beginning of September, performing so confidently. On the other end of scale, there were excellent performances from our senior students. We were also privileged to hear the debut performances of two original compositions, from Honey and Sameer.

The Middle School singers gave a very entertaining performance whilst the Chamber Choir gave us a taster of the choral music they will be singing at Evensong at Malvern Priory, next week. The orchestra and Rubato band performed part of their new repertoire, including a lively rendition of the Can-can!

A huge thank you to Mr Wall and his team, including many of our staff who are so involved in music at Lucton, as well as our peripatetic teachers.

Well done on another super evening and a great start to the musical year!

Please note these forthcoming events:
Evensong at Malvern Priory; Friday, 18th



October.
Words and Music for Remembrance;
Thursday, 7th November at Monkland Church.

Sports Report

U16 RUGBY v Bedstone (home)

After a defeat at Bedstone earlier this season at U15 level, this 'return' fixture, albeit at U16, was essentially the same group of players. This game started with Bedstone pressing and only stout defence kept them at bay. They crossed the line but with the grounding unclear a series of 5 metre scrums followed and again we held out. With little ball we continued to defend well, with all the boys tackling strongly. Fred C and Archie J marshalled the troops well throughout. Against the run of play we moved the ball wide and Archie R-S went over in the corner. From the kick-off Bedstone kicked straight to Archie J who ran 70m beating 3 players to score and double our lead. Five minutes later Bedstone scored to reduce the arrears and converted, half-time 10 – 7 to us. From the kick to start the second-half, Bedstone knocked on. From the scrum we drove round the fringes, twice and with an excellent off-load from Tom H to Matt D was then able to accelerate hard through the middle of the defence to score under the posts. Archie J converted. Bedstone hit back with a converted try 17 – 12. They continued to press, but ran into a wall of tacklers. We then added considerably to our lead by scoring 3 unanswered tries. Matt D out wide, Tom H driving hard from close out and a beautifully worked move off a scrum allowed Jack B to go over under the posts. As mentioned Archie J and Fred C both played really well, as individuals and in keeping the team together when under pressure, and as always Alex D worked hard throughout. This was a really good team performance and although not all mentioned by name there was a real fire and commitment from all the boys. If we can replicate that attitude in training and on match day, then we will have a great season. Well done all of you.

BADMINTON v Wrekin

This week we played badminton against



Wrekin College, and extended our unbeaten run with a totally dominating performance. Our team won 20 games out of the 22 games played, a brilliant overall team result. Notable highlights included an excellent debut by Angus, as well as great match play by the rest of the team, namely Mike, Harold, Ryan, Joe, Aaron, Angus, Evie and Claire.

U16/15 HOCKEY v Wrekin College

Faced with a fast and skilful opposition, the girls worked hard and acquitted themselves well, working as a team to thwart many attacking moves. Some excellent saves by player of the match Molly, kept the girls in the game and although we did not win, much progress with linked defensive play was evident, especially by Faith, Grace, Hannah and Catherine.

U14 County Hockey Tournament

Despite a slow start against Aylestone, where a nil all draw proved to be the wake up call they needed, great progress was made, with passing moves, dribbling into space and passing the ball at greater speed. This was rewarded with a goal from Olivia and a 1-0 victory over St Mary's, with Ashleigh and Tiphany finding the net for a 2-0 win over Tenbury to top their section!

U16 County Netball Tournament

The U16s took a while to settle in their



11th October

Autumn 2019, week 6

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first match, a tough encounter against HCS and were just beginning to up the pace as the final whistle blew. A similar pattern emerged when playing Bishop's, although on this occasion, we countered their attacking moves with greater effectiveness. It took until the third and final game for the team to find their mojo with some strong attacking moves, excellent shooting from Georgia, Amber and Natalie and a well deserved win over JMHS.

U18 NETBALL v Haberdashers Monmouth Girls

Positive team work and resilience ensured that despite encountering a tall, athletic opposition, the girls were always in the game as they worked hard to match speedy attacking moves. Although we didn't win the match, we can take heart from winning the second quarter. Annie made a welcome return to the team and was rewarded with player of the match for her speedy movement around the court and well timed passes into the shooting circle. It was encouraging and pleasing to see positive contributions from Alice, Grace and newcomers Aoibh and Emily, whilst Elsie was always solid and stealth like in defence, often seeing great passes to Georgia and Hattie in the shooting circle.

U14 NETBALL at Weobley

We started with a difficult game and loss against Weobley's first team first. Our defence played really well, especially Rosie whose stretches were really good and she intercepted a lot of balls. Olivia held it together in the middle and when we got the ball into our attacking end she, Ashleigh and Sophie played strongly together.

Then came Tenbury B which was mainly their U14 team. This was a much better game and our defence and attack linked some really good passages of play together. Tiphany played with enthusiasm throughout the game and made some good interceptions. Rosie had another really strong game to be voted player of the match. All the girls worked together well!



1st XI v Kings College St Michaels

A fantastic start to the home season for Lucton, who ran out 3-0 winners against a good KCSM team. Playing in familiar settings on Holland field, Lucton started strongly, dominating possession. With Aaron orchestrating affairs from the centre of the pitch, Nabil, Sean and Kazuki tried to break the deadlock. KCSM grew into the half, however, and only some excellent last-ditch tackling from Reubens stopped them breaking through. The second half followed the same pattern, although this time Kazuki finally ended KCSM's resistance by firing low into the bottom corner. Soon afterwards, Sean wriggled through the defence to fire in for 2-0, before Kazuki added the last goal with the last kick of the game to make it 3. With 4 goals in 3 games he is now leading the line fantastically, and earned his Man of the Match Award, along with Angus who made tackle after tackle against a strong right winger. Indeed, the defence was well marshalled by Theo and Aaron, who played between the lines well. We look forward to our next home game!

U11 HOCKEY v The Elms

The U11s played their second match of the season and were understandably quite nervous. Harriet Page began her hockey career as goalkeeper, saving many goals brilliantly. All girls woke up in the second half of the match and were able to attack and move the ball around more. Daisy E scored a fantastic goal in the final few seconds of the match earning her the well-deserved player of the match. Although Lucton didn't win, the girls all improved on their basic skills. Well done!

Equestrian News

Interschools Arena Eventing on Sunday

Good luck to all our teams on Sunday, it should be a great weekend starting at 9am. There will be catering available all day and spectators are very welcome. If anyone can help, please let Miss Coates know as soon as possible.

The Monkland Hunter Trials were a great success for some of our riders last weekend with Henry H and Oliver D winning the pairs, Ted R and Sophie H in close 2nd and Sophie D in Year 7 coming 3rd individually in the 70cm-80cm on Conker.



On Wednesday, Hannah L on Lucky was given the exciting opportunity of having a Show Jumping lesson with Olympic Gold Medallist Captain Mark Phillips. It was a fantastic lesson and experience which will hopefully help her in the Eventer Challenge this weekend at Lucton.

Jake's Blog

It has been a hectic week, with dressage last weekend and we have enjoyed watching the set up for this weekend's show jumping! The weather has not helped but I'm sure it will be fine. Good luck to all those taking part.



Well-being survey

As part of the school's continued work towards the Well-being Award the Well-being Committee would like all pupils and parents to complete a Well-being survey. It is an opportune time to reflect on this very important topic particularly as we have just celebrated World Mental Health Day.

Pupils will have the opportunity to complete the survey in their PSHE lessons and parents will be sent the link to the survey via the school office next week. The committee would like to analyse responses in order to formulate a

meaningful action plan to enable the school to improve its work and support in this vital area of school life and, we hope, gain the accreditation for Lucton to become a Well-being School. It is vital that we receive as many responses as possible from all parties and urge parents to use the opportunity to complete the survey in order for the work to be reflective of as many thoughts and feelings as possible. The Well-being Committee would love to have as much reliable and valid data to work with moving forwards in order for the work to have the greatest effect.