

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Cereals Chipolatas Baked Beans Waffles Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Poached Egg Spaghetti Hoops Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Warm Croissants Yoghurt Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Fried Eggs, Hash Browns Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Grilled Bacon & Mushrooms Muffins Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Continental Breakfast Toast & Preserves Hot & Cold Drinks Fresh Fruit	<u>BRUNCH</u> Sausage Bacon Egg Hash Browns Grilled Tomatoes Mushrooms Fried Bread Toast & Preserves Hot & Cold Drinks Fresh Fruit
Turkey Jalfrezi, Rice & Poppadums Lamb Hotpot Tomato & Basil Pasta New Potatoes Stir Fried Cabbage Root Vegetable Mash Apple Crumble and Custard	Mince beef Cobbler Cumberland Sausage Ring with Colcannon and Red Onion Gravy Cheese and Vegetable Pasty Creamed potatoes Carrot Batons Saute Leeks Fresh Fruit salad	Roast Chicken & Stuffing Quornish Pasty Roast Potatoes New Potatoes Broccoli Florets Honey Roast Parsnips Chocolate & Mandarin Sponge Chocolate sauce	Homemade Lasagne Turkey Meatballs with Herby Tomato Sauce Vegetable Lasagne Garlic Bread Herby Diced Potatoes Sweet corn Green Beans Jam Roly Poly and Custard	Grilled Cod with Cheese and Chive Sauce Breaded Haddock Fish Fingers Vegetable Frittata Chipped Potatoes Mashed Potatoes Peas Baked Beans Banana Crunch Pie and Cream	Pizza Bar Potato Wedges Mixed Salad Butterscotch Meringue Bars	
Available Daily Salad Bar Selection, Fresh Fruit, Yoghurt Bar and Freshly Baked Bread						
Chicken and Bean Enchilladas Spiced Quorn with Five Flavoured Noodles Medley of Vegetables Cold Meat Selection & Salad Chocolate and Date Rocks Yoghurt Selection of Fresh Fruit	Hotdogs with Fried Onions Vegetarian Hotdogs with Fried Onions Saute Potatoes Baked Beans Cold Meat Selection & Salad Waffles with Fruits of the Forest and Cream Yoghurt Selection of Fresh Fruit	Oriental Pork Vegetable and Bean Chiili with Tacos Rice Garden Peas Mixed Green Salad Cold Meat Selection & Salad Apricot Oaty Tart and Custard Yoghurt Selection of Fresh Fruit	Beef & Black bean Noodles Pasta & green pesto Stir Fried Broccoli and Mixed Peppers and Leeks Cold Meat Selection & Salad Jelly and Fruit Yoghurt Selection of Fresh Fruit	Bacon, Onion and Cheese Puffs Butternut Squash Risotto Potato Rosti Sweetcorn Fritters Cold Meat Selection & Salad Strawberry Cranachan Yoghurt Selection of Fresh Fruit	Herb Crusted Beef Pie Herb Crusted Vegetable Pie New Potatoes Carrot Batons Cauliflower Cold Meat Selection & Salad Gateaux Yoghurt Selection of Fresh Fruit	Roast Beef with Yorkshire Pudding Layered Vegetable Loaf Roast Potatoes New Potatoes Farmhouse Vegetables Broccoli Cherry Cheesecake Selection of Fruit

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LUCTON SCHOOL – WEEK ONE

BOARDERS – IF YOU ARE UNABLE TO EAT ANYTHING ON THE SUPPER MENU, PLEASE NOTIFY THE CHEF IN ADVANCE



Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Assorted Cereals Sausages Baked Beans</p> <p>Toast & Jam Hot & Cold Drinks Selection of Chilled Juice Fresh Fruit</p>	<p>Assorted Cereal Boiled Eggs Selection of Chilled Juice</p> <p>Toast & Preserves Hot & Cold Drinks Fresh Fruit</p>	<p>Assorted Cereal Warm Croissants Yoghurt Porridge</p> <p>Toast & Preserves Hot & Cold Drinks Fresh Fruit Selection of Chilled Juice</p>	<p>Assorted Cereal Hash Browns Grilled Bacon Toast & Preserves</p> <p>Hot & Cold Drinks Selection of Chilled Juice Fresh Fruit</p>	<p>Assorted Cereal Poached Eggs Waffles</p> <p>Toast & Preserves Hot & Cold Drinks Selection of Chilled Juice Fresh Fruit</p>	<p>Assorted Cereal Continental Breakfast</p> <p>Toast & Preserves Hot & Cold Drinks Selection of Chilled Juice Fresh Fruit</p>	<p><u>BRUNCH</u></p> <p>Sausage Bacon Egg Hash Browns Mushrooms Baked Beans Toast & Preserves Hot & Cold Drinks Fresh Fruit</p>
<p>Chicken & Mushroom Pie Beef & Guinness Stew and Dumplings Vegetarian Cottage Pie</p> <p>New Potatoes Carrot Roundels Shredded Cabbage</p> <p>Orange Drizzle Cake and Custard</p>	<p>Spicy Turkey Burritos Aromatic Soy Pork Quorn and Vegetable Stir Fry</p> <p>Egg Noodles or Yellow Rice Sweetcorn Whole Green Beans</p> <p>Shortbread with peaches and cream</p>	<p>Roast Pork and apple sauce, seasoning Vegetarian Mixed Grill Roast or Mashed Potatoes Braised Leeks with Cheese Sauce Roasted Root Vegetables with Rosemary</p> <p>Apple and Strawberry Pie and Custard</p>	<p>Traditional Shepherds Pie Turkey and Bacon Plait Quorn Sausages and Vegetable Casserole</p> <p>New Potatoes Diced Swede Broccoli and Cauliflower Florets</p> <p>Fruit Bar or Cheese and Biscuits</p>	<p>Breaded Cod Crunchy Fish Crumble Fish Finger Cheese and Rice Plait</p> <p>Chipped Potatoes New Potatoes Saute Cougettes with Mixed Peppers Peas</p> <p>Chocolate and Apricot Brownie</p>	<p>Spaghetti Bolognese Polenta Cake with Ratatouille and Mozzarella</p> <p>Garlic and Herb Doughballs Spaghetti Mixed Salad Medley of Mixed Vegetables</p> <p>Cream and Fruit Filled Iced Buns</p>	
<p>Available Daily Salad Bar Selection, Fresh Fruit, Yoghurt Bar and Freshly Baked Bread</p>						
<p>Pasta Carbonara Jacket Potatoes Coleslaw, Cheese Cheese and Herb Bread Mixed Salad</p> <p>Cold Meat Selection & Salad Apple Flapjack Yoghurt Selection of Fresh Fruit</p>	<p>Lancashire Hotpot Roast Veg Wraps Herby Diced Potatoes Selection of Crudeties</p> <p>Cold Meat Selection & Salad Sticky Toffee Pudding and Custard Yoghurt Selection of Fresh Fruit</p>	<p>BBQ Chicken Cheese & Tom Quiche Garlic Potatoes Crispy Onion Rings Mixed Salad</p> <p>Cold Meat Selection & Salad Fresh Fruit Salad Yoghurt Selection of Fresh Fruit</p>	<p>Themed Curry Night</p> <p>Cold Meat Selection & Salad Chocolate and Banana Muffins Yoghurt Selection of Fresh Fruit</p>	<p>Spicy Lamb and Potato Loaf Cheese and Vegetable Rice Loaf Naan Bread Saute Leeks Carrot Batons Cold Meat Selection & Salad Éclairs Yoghurt Selection of Fresh Fruit</p>	<p>Turkey and Vegetable Pie Omelette New Potatoes Root Mash Stir Fried Vegetables</p> <p>Cold Meat Selection & Salad</p> <p>Eton Mess</p> <p>Selection of Fresh Fruit</p>	<p>Chicken Supreme filled with stuffing and wrapped in Bacon Paprika Quorn Roast Roast Potatoes Creamed Potatoes Cauliflower Cheese Stir Fried Shredded Cabbage</p> <p>Lemon Meringue Pie</p> <p>Fresh Fruit</p>

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LUCTON SCHOOL – WEEK TWO

BOARDERS – IF YOU ARE UNABLE TO EAT ANYTHING ON THE SUPPER MENU, PLEASE NOTIFY THE CHEF IN ADVANCE



Subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Cereals Boiled Eggs Selection of Chilled Juice Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Egg Bread Mushrooms Selection of Chilled Juice Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Warm Croissants Selection of Chilled Juice Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Bacon Baked Beans Selection of Chilled Juice Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Poached Egg Muffins Selection of Chilled Juice Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Continental Breakfast Toast & Preserves Hot & Cold Drinks Fresh Fruit	<p align="center"><u>BRUNCH</u></p> <p>Grilled Tomatoes Mushrooms Bacon & Egg Hash Browns Fried Bread</p> <p>Assorted Cereal Toast & Preserves Hot & Cold Drinks Fresh Fruit</p>
Sweet & Sour Chicken Savoury Mince & Yorkshire Pudding Ratatouille and Chick Pea Hotpot Rice Sliced potatoes & onion Roasted Root Vegetables Saute Courgettes and Peppers Pear and Berry Crumble and Custard	Cottage pie Pork goulash Vegetable Stroganoff Tagliatelle Stir Fried Cabbage Sweetcorn Pineapple Upside Down Pudding with Butterscotch Sauce	Roast Gammon Honey Roast Sausages Mediterranean Vegetable Risotto Roast Potatoes or New Potatoes Fine Beans Sliced Carrots Lemon Drizzle Cake and Custard	Jambalaya. Beef Bobotie and Rice Vegetable Moussaka Sweet Potato Mash New Potatoes Broccoli Miedley of Vegetables Fresh Fruit Bar	Plaice in Breadcrumbs or Baked Fish with Cheese and Herb Crust Fish Fingers Salmon, Tortellini and Dill Bake Pasta Arrabiata Chipped Potatoes New Potatoes Peas Baked Beans Chocolate Crunch with fruit compote and Cream	Honey Mustard Chicken Pot with Parsnips Cheese and Vegetable Cobbler New Potatoes Root Vegetable Mash Roasted Mediterranean Vegetables Meringue Nests with Fruit and Cream	
Available Daily Salad Bar Selection, Fresh Fruit, Yoghurt Bar and Freshly Baked Bread						<p>Roast Lamb & Mint Sauce Quorn and Vegetable Savoury Loaf</p> <p>Roast Potatoes Cauliflower and Broccoli Florets Diced Swede</p> <p>Apple Strudel Plait and Cream</p> <p>Fresh Fruit</p>
Homemade Salmon Fishcakes Cheese, Leek and Pepper Quiche Saute Potatoes Peas Grilled Tomatoes Cold Meat Selection & Salad Danish pastries Yoghurt Selection of Fresh Fruit	Mexican Night Corn on the cob Cold Meat Selection & Salad Yoghurt Selection of Fresh Fruit	Spicy Tomato Chicken Thigh Butter Bean and Vegetable Cheesy Crumble Herby Potatoes Mixed Vegetables Cold Meat Selection & Salad Yoghurt Selection of Fresh Fruit	Turkey, Bacon and Mushroom Pie Quorn, Leek and Broccoli Pie Gratin Potatoes Carrot Batons Cold Meat Selection & Salad Chocolate Chip Sponge and Chocolate Sauce Yoghurt Selection of Fresh Fruit	Pork, Pesto and Rice Plait Homemade Vegetable and Cheese Bakes New Potatoes Saute Leeks and Mixed Peppers Cold Meat Selection & Salad Wild Berry Fool with Shortbread Fingers Yoghurt Selection of Fresh Fruit	BBQ Pork Rashers Country Bakes Jacket Wedges Courgette in Herby Tomato Sauce Green Beans Ice Cream Selection Selection of Fresh Fruit	

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LUCTON SCHOOL – WEEK THREE

BOARDERS – IF YOU ARE UNABLE TO EAT ANYTHING ON THE SUPPER MENU, PLEASE NOTIFY THE CHEF IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Cereals Poached Eggs Waffles Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Grilled Bacon Mushrooms Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Croissants Yoghurt Muesli Bar Hot & Cold Drinks Fresh Fruit	Assorted Cereal Grilled Sausages Baked Beans Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Boiled Eggs Toast & Preserves Hot & Cold Drinks Fresh Fruit	Assorted Cereal Continental Breakfast Toast & Preserves Hot & Cold Drinks Fresh Fruit	BRUNCH Grilled Tomatoes Sausage Bacon Hash Brown Potatoes Mushrooms Baked Beans Toast & Preserves Hot & Cold Drinks Fresh Fruit
Turkey Meatballs In Italian Tomato Sauce Pork Ragout with Carrots and Cumin Sweet Potato, Aubergine and Lentil Curry Pasta New Potatoes Medley of Vegetables Sliced Green Beans Iced Sponge and Pink Custard	Meat and Vegetable Savoury Loaf Beef Bourguignon Tortelloni with Pesto and Broccoli Creamed Potatoes Shredded Cabbage Diced Swede and Carrots Roasted Plum Clafoutis and Custard	Roast Pork with Apple Sauce and Stuffing Roast Vegetable Macaroni Cheese Roast Potatoes New Potatoes Broccoli and Cauliflower Roast Parsnips Cookies	Chicken a la King Moroccan Inspired Tagine of Lamb Vegetable Paella New Potatoes Rice Saute Leeks and Mixed Peppers Carrot Roundels Pear and Ginger Sponge with Custard	Poached Cod with Parsley Sauce Fish Fingers Turkey Burgers Vegetable Country Bake Chipped Potatoes Jacket Potatoes Baked Beans Peas Mixed Salad Fresh Fruit Bar	Italian Shepherds Pie Vegetarian Cottage Pie Chunk of Fresh Baked Bread Stir Fried Vegetables Sweetcorn Apple and Blackcurrant Oaty Crumble and Custard	
Available Daily Salad Bar Selection, Fresh Fruit, Yoghurt Bar and Freshly Baked Bread					Chilli Con Carne with Tortillas Thai Quorn and Vegetable Curry with Naan Bread Rice Mixed Salad Cold Sweets Selection of Fresh Fruit	Roast Turkey with Stuffing and Cranberry Sauce Vegetable Jalousie Roast Potatoes New Potatoes Roast Vegetables Medley Carrots Classic Lemon Tart Fresh Fruit
Huntsman Chicken Thighs Vegetable Crostata Jacket Wedges Peas Cold Meat Selection & Salad Jam and Apple Turnovers with Crean Yoghurt Selection of Fresh Fruit	Spicy Turkey Wraps Vegetable and Bean Wraps Chipped Potatoes Green Beans Cold Meat Selection & Salad Banana Loaf Yoghurt Selection of Fresh Fruit	Honey Roast Gammon with Pineapple Vegetable Cobbler Cheesy Mash Sweet corn Cold Meat Selection & Salad Fresh Fruit Salad Yoghurt Selection of Fresh Fruit	Cornish Pasty Slice Cauliflower and Vegetable Bake New Potatoes Honey Roast Vegetables Cold Meat Selection & Salad Caramel Choux Bun Yoghurt Selection of Fresh Fruit	Pasta Bar Garlic Bread/Herby Dough Balls Mixed Salad Cold Meat Selection & Salad Key Lime Pie Selection of Fresh Fruit		

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LUCTON SCHOOL – WEEK FOUR

BOARDERS – IF YOU ARE UNABLE TO EAT ANYTHING ON THE SUPPER MENU, PLEASE NOTIFY THE CHEF IN ADVANCE

